

United Swim Club: USC Sharks

Competitive Age Group Swim Team

(A Non-Profit Organization)

Join the USC Sharks at Hoover! You'll be a member of an exciting swim team, while improving your swim strokes and endurance. To join the Sharks, all new swimmers must have a basic understanding of swim strokes. Swimmers must be able to swim 25 yards (one length of the pool) without help.

Winter Registration Information

Our Winter Season runs January 2, 2012 to February 25th, 2012.

All new swimmers need to swim for a coach to ensure they can swim unassisted. Please contact swimuscsharks@gmail.com to arrange a tryout date/time.

Registration Fee for Winter Season- **Deadline is 12/21/2011**

- \$90 per Swimmer if paid by 12/21/2011.
- **\$20 Late Fee** will be added on to all registrations received after 12/21/2011. (\$110 per swimmer)

Payment Options:

- 1) Turn in your completed registration form at practice
- 2) Mail your completed registration form and fee to the following address:
All checks should be made out to "DMPS" or to "Des Moines Public Schools."
Mail to: United Swim Club
P.O. Box 3554
Urbandale, IA 50323

Swimmers will not be allowed to practice with the team until they have turned in their registration forms and paid the fee.

For more information about the club, email us at swimuscsharks@gmail.com or contact the USC president, Christi Olson at 252-0597. More information found on our website at www.uscsharks.com

USC Email Distribution List

All of our swim club communications are sent via our email distribution list. This is the primary way to stay informed of all of our activities such as swim meets, practices updates, and volunteer assignments. Please send us your email address at swimuscsharks@gmail.com and get on the list!

Parent Volunteers

To ensure the success of our swimmers, the club relies on parent volunteers for various tasks. Parents are expected to help run the home swim meets and help with other tasks throughout the season.

- **Please review the volunteer positions below and circle the volunteer positions which you are interested in and return with form.**
- The volunteer coordinator will assign you with a duty or volunteer position for home meets.
- New volunteers will be paired with experienced volunteers to learn their duties. Volunteers will be able to watch their children swim in their events.
- You will receive an email before each home meet informing you of your volunteer position. If you are unable to work your assigned task, it is your responsibility to find your own replacement. It is also your responsibility to initial the volunteer check-in sheet just inside the pool door at home meets to indicate that you worked your volunteer shift.
- **The club reserves the right to contact any parent who refuses to fulfill their volunteer obligation at the end of the season, and they will be expected to pay a \$40.00 non-volunteer fee at that time.**

Volunteer Positions:

Timers: Thirteen timers are needed at home meets. One head timer and two timers per lane are needed to run stopwatches and record the times for each swimmer.

Computer: Two people are needed to run the timing system at home meets. People interested in this position will be trained on the actual system before using it.

Runners: One or two people are needed to collect the cards from the timers and take them to the person entering results

Results: Two people are needed to enter times from the event cards into the computer.

Clerk of Course: Three people are needed to make lane assignments and assign them to heats prior to the start of the meet.

Swimmer Line-Up: Three or four people are needed to line swimmers up for each event.

Take-Down: Put away equipment, chairs, rugs, and put swim lanes back into place at the end of the meet.

Hand Marking: Two people are needed to mark events on swimmers' hands prior to the start of the meet.

Concessions: Five or six people are needed to help sell snacks and drinks at the concessions stand in the lobby. All swimmers' families donate the snacks and drinks to help raise funds for the club.

Additional registration forms and more information about USC are available on the Shark's web site at www.uscsharks.com.



United Swim Club: USC Sharks

Winter 2011 Registration Form

Swimmer (1) _____ Date of Birth ___/___/___ Sex M ___ F ___

Swimmer (2) _____ Date of Birth ___/___/___ Sex M ___ F ___

Swimmer (3) _____ Date of Birth ___/___/___ Sex M ___ F ___

Swimmer (4) _____ Date of Birth ___/___/___ Sex M ___ F ___

Parent # 1 _____ Parent # 2 _____

Address _____ City/ZIP _____

Primary Phone _____ Did you swim with USC last season (circle one) Yes No

Email Address #1 _____ Email Address #2 _____

Volunteer positions you are interested in (please circle): Assignments are not guaranteed.

Timer Swimmer Line-Up Runner Concessions Clerk of Course SetUp/Take-Down
 Hand Marking Results Computer Timing System

Emergency Information

In case of an emergency where I cannot be contacted, the following person may act on my behalf to obtain medical treatment for my child.

Contact Name (other than parent) _____

Contact Phone # _____

If the parent or emergency contact person is not available, the coaches or a USC board member will obtain medical treatment for the swimmer.

USC, Inc., Parental Agreement

I hereby give permission for my child to participate in USC and certify that my child is physically fit to participate. I will hold harmless and indemnify the United Swim Club and the Des Moines Public School District and its appointed staff in case of accident/injury or loss as a result of participation in all USC activities. I understand that the Urbandale Swim Club and the Des Moines Public School District does NOT carry health/accident insurance to cover participants or spectators in any recreational program. I understand that misrepresentation of any registration information will result in immediate dismissal from the program with NO refund. Refunds will only be given up to the registration deadline date, minus a \$10 non-refundable fee. After that, no refunds will be given except in the event of unforeseen medical reasons. I also understand occasionally photos may be taken of USC members during activities. I give permission to allow these photos to be used in future brochures, web site or other promotional information.

USC, Inc., Conduct Agreement

As a member of the United Swim Club, swimmers agree to conduct themselves in a manner that will present a positive image of our program. Swimmers will respect the coaches and adult authority at all practices and meets. Swimmers will respect the Hoover High School Swimming Pool, all property of the Des Moines Public Schools, and the property of other cities and pools we travel to as a team. Swimmers will respect their teammates and members of other teams. Problems/disruptions will be addressed by removal of the swimmer from the practice/meet and/or a phone call will be made to the parents. Parents may be contacted for any reason if their swimmer is disruptive or disrespectful to the coaches, volunteers, or other swimmers. Should a problem occur after a second removal or phone call, the swimmer will no longer be a member of the United Swim Club at the discretion of the USC coaches and the USC board. If there is an extreme disregard for rules, the swimmer will be removed immediately, and there will be no refunds on the fees.

The following numbered items are guidelines for swimmers to follow, but are not exclusive:

1. Swimmers should arrive no sooner than 15 minutes before their practice and stay no longer than 15 minutes after practice.
2. Swimmers should be stretched out and ready to enter the water when the coaches give the warm-up.
3. Swimmers should not bring expensive items to the pool. The club is not responsible for lost or stolen items.
4. All personal items should be brought out on deck while at practice.
5. Swimmers/parents should pick up all personal items and trash when leaving. The pool and locker rooms must be kept neat and clean.

By registering with the United Swim Club, parents and swimmers are both deemed to have read and understood the emergency information and parental and conduct agreement and hereby agree that they will abide by the terms of it.

Parent Signature _____ Date ___/___/___

Club Use Only: Check # _____ Amount Enclosed _____ Postmarked/Received Date _____